

## Welcome

Dear Residents & Relatives,

We invite you to take a few moments to read through our October edition of the Wells House Nursing Home newsletter! September has flown by, with lots of visitors and smiley faces. Inside you will find highlights from our recent events, home updates, and some lovely photos of our residents enjoying the last of the summer months. We can hardly believe we are already stepping into October! As always, we thank you for your continued support.

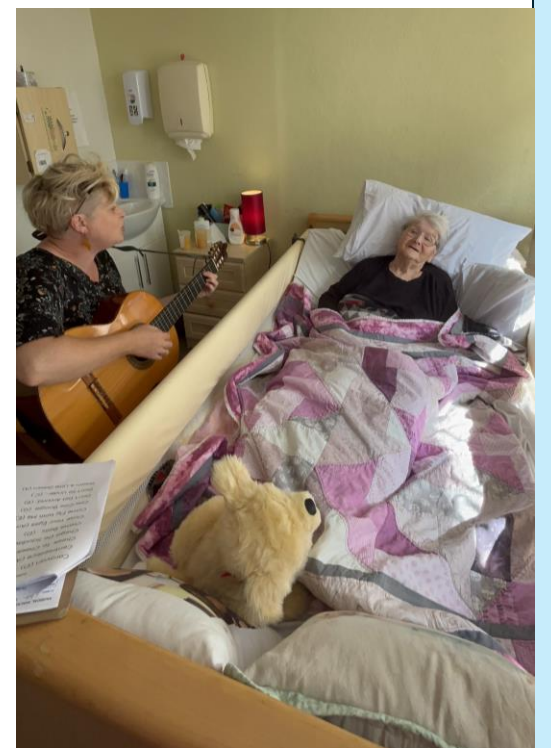
## Entertainment and Activities

We had one birthday celebration this month, celebrating our gentlemen's 86th birthday!



Also, we held our annual Macmillan Coffee Morning and were able to raise £37! Thank you to everyone who came along and donated, as well as those who made some delicious homemade goodies.

As part of our three sessions, we welcomed back the wonderful Nina, who sang so beautifully to our residents!



## Entertainment and Activities

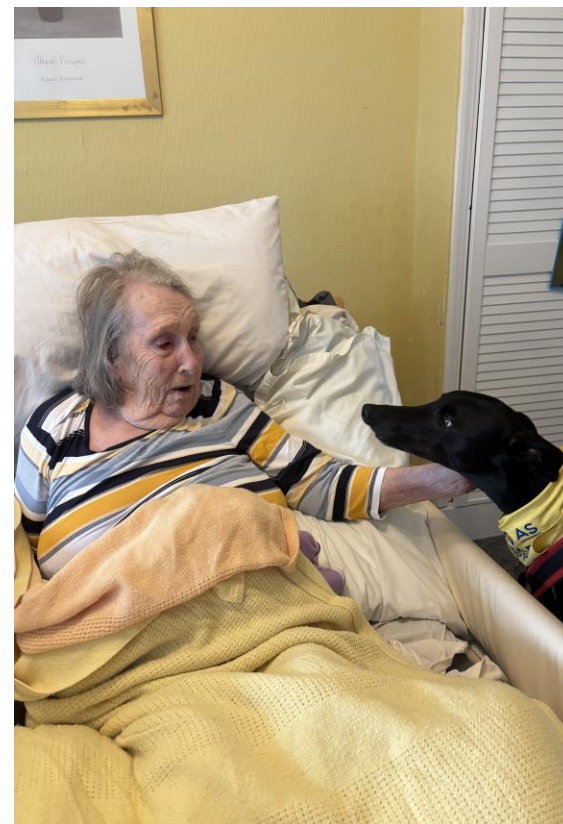
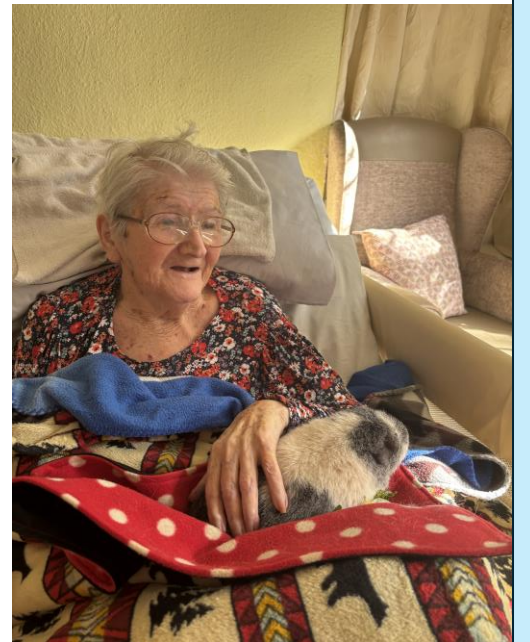
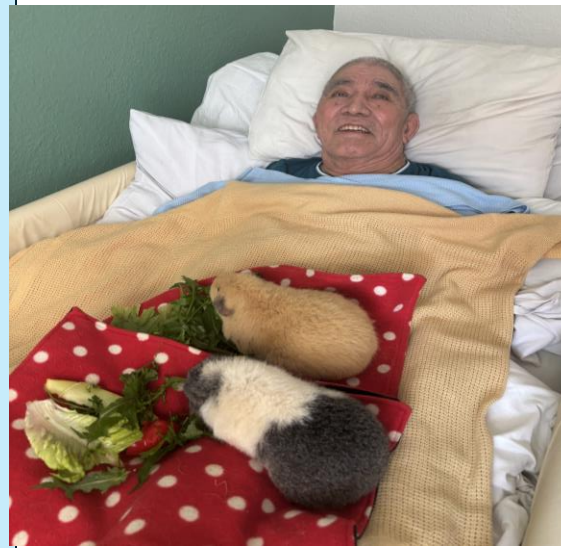
In September, we welcomed the new class from Little Oaks Nursery! They started off shy, but once they chatted with our residents and made some Halloween cards, they were already planning their next trip back to show their mummy's and daddy's. They made our residents some autumnal drawings



Sheila and another resident made a special stencil drawing for the children which they loved!



Finally, we finished off the month with our bi weekly visit from Cooper the dog and our new furry besties the Cuddly Cavies,



The power of animals!

We have a brand-new TV in the lounge, which the residents have been enjoying, watching Netflix and Iplayer. Blue Planet is the favourite watch currently.

### Home and Staff News

We said a sad 'see you soon' to James, our Maintenance guy, as he headed off onto new adventures. We wish him the best of luck with the future. But fear not, you haven't seen the last of James yet, he will be staying on as Bank.

We have two new smiley faces this month, Sona who is our new day and night carer. And Ananthu, our new carer and housekeeper. A big warm welcome to them.

The nurses office has had a freshen up. And our lounge had a spruce up this month, where the walls were given a fresh lick of paint and we have created the 'activities corner'. In here, we have some frames that include the months newsletter and upcoming events, so keep an eye out for these dates!

We would like to thank everyone for your continued support towards the home.

### For this month

October is already shaping up to be a busy month! We have two birthdays coming up, as well as a visit from Kaya, our hairdresser.

We have another Cuddly Cavies visit booked in, that our residents are thoroughly looking forward to. We will also be welcoming an Oompah band on the 6th, which should be a hit!

To celebrate the beauty of a multi diverse home, including residents and staff, we will be having a Diwali party on 27th October. Our Nepali and Indian carers will make some traditional foods and come in their traditional clothing too. The residents have always loved to see their carers in their beautiful clothes.

On the 30th October, we will be hosting a Halloween party, where Glenys will be performing, along with some pumpkin carving and much more. All families and friends are welcome to celebrate the spooktacular event with us.

No matter how dark it is right now,  
Remember that the battle will end,  
The sun will rise,  
And you will find your joy again!

Winnie Mathenge



## **Our Mission**

*Our goal is to provide compassionate, person-centred care that meets the physical, emotional, and social needs of everyone in our care, by creating a supportive and nurturing environment*

## OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 <sup>st</sup> Musical performance in lounge 11am	2 <sup>nd</sup> Cooper the dog visit 11am	3 <sup>rd</sup> Play a board game	4 <sup>th</sup> Watch a film of your choice	5 <sup>th</sup> Read a magazine
6 <sup>th</sup> Oompah band in lounge	7 <sup>th</sup> Card games in lounge	8 <sup>th</sup> Hairdresser visit	9 <sup>th</sup> Wheelchair exercises	10 <sup>th</sup> Decorate some Halloween cupcakes	11 <sup>th</sup> Watch Strictly come dancing	12 <sup>th</sup> Read something of your choice
13 <sup>th</sup> Guinea pig visit 2pm	14 <sup>th</sup> Do a stencil drawing	15 <sup>th</sup> Read a book	16 <sup>th</sup> Play a game of your choice	17 <sup>th</sup> Game of skittles	18 <sup>th</sup> Listen to some music	19 <sup>th</sup> Watch something on ITV
20 <sup>th</sup> Make your own Halloween sign	21 <sup>st</sup> Make some pumpkin funny faces	22 <sup>nd</sup> Make some Diwali decorations	23 <sup>rd</sup> Balloon tennis	24 <sup>th</sup> Music in rooms	25 <sup>th</sup> Read a book	26 <sup>th</sup> Watch the birds
27 <sup>th</sup> Diwali celebrations 2pm	28 <sup>th</sup> Make a Halloween card	29 <sup>th</sup> Bingo in lounge	30 <sup>th</sup> Halloween party 2pm	31 <sup>st</sup> Happy Halloween		