



NEWSLETTER

Volume 2 Issue 8

Welcome

Dear Residents & Relatives,

Welcome to the August edition of the Wells House Nursing Home newsletter!

Summer has well and truly arrived, bringing plenty of sunshine and giving us all something new to complain about after months of rain! We're looking forward to celebrating at our summer party at the end of the week and hope to see many of you there.

As always, thank you for your continued support. We hope you enjoy this month's newsletter!

Entertainment and Activities

This month, we have celebrated the birthdays of Sheila, Phil, John, Ann and Chris.

Sheila celebrated her special day by enjoying a wonderful performance from Glenys, with all her friends at Wells House joining in the fun too!



Phil celebrated with a delicious afternoon tea with all his family.

John celebrated with a visit from Ford, who treated him to some lively sea shanties, while Ann enjoyed a lovely day surrounded by her loved ones!



Our residents continue to enjoy their biweekly armchair yoga sessions and are improving their strength week to week.

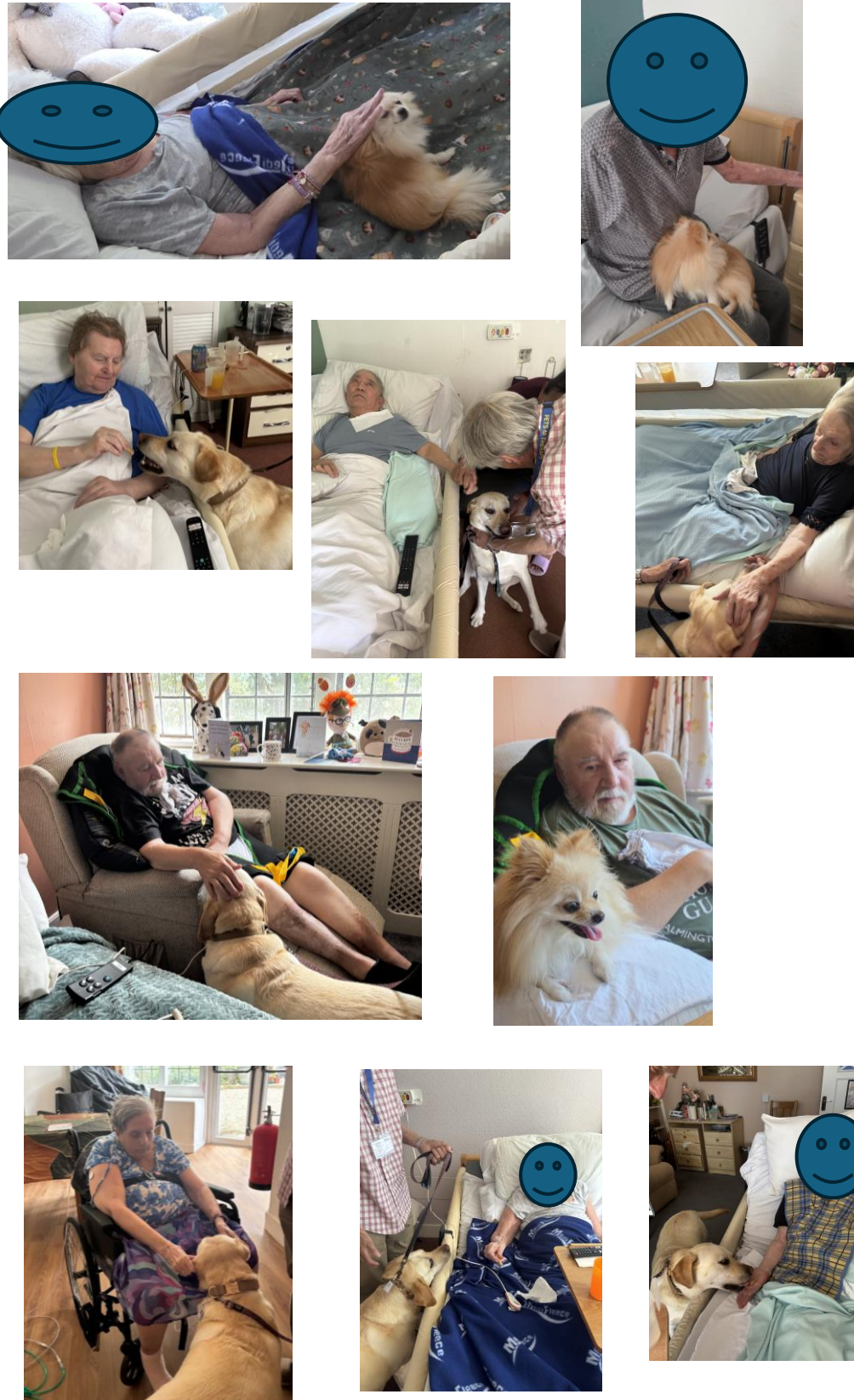


Some more photos of what some of our lovely residents have been getting up to.



Entertainment and Activities

We've had a couple of our furry friends come to visit us this month, Jenny and Shirley's little dog Roxy.



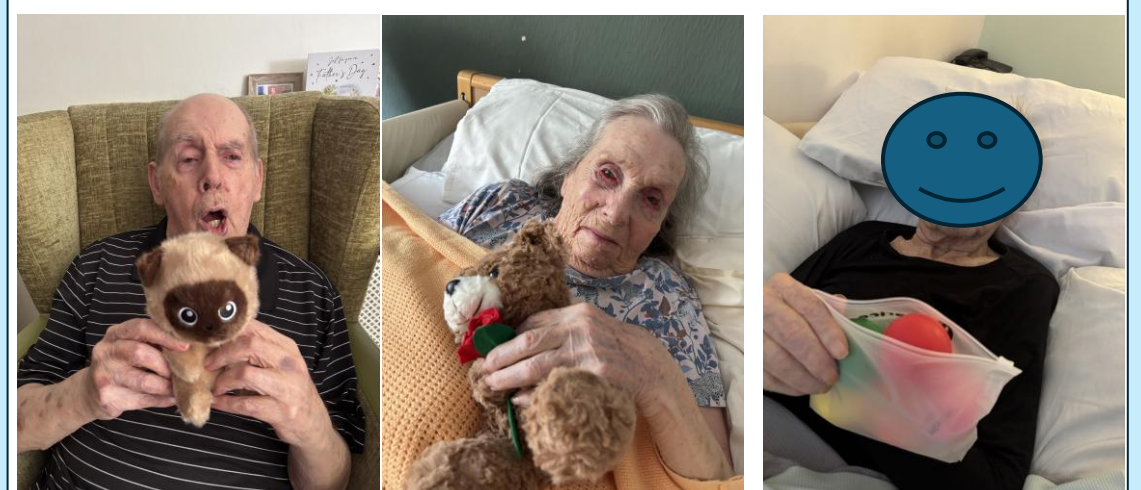
Our raffle prizes are coming along nicely, huge thanks to those who have donated 😊



We had a lovely visit from the children at Stowting school, who were so polite and caring towards our residents. They made them these beautiful cards that had such kind words inside of them.



Our residents took part in their own sweepstake for the World Cup, by spinning a wheel and choosing two countries each to support. The three countries to come 1st, 2nd and 3rd meant our winners got their own little gift bespoke to them!



Home and Staff News

Our wonderful team continues to work hard around the clock, providing compassionate, professional care and plenty of smiles for all our residents.

Our gardeners continue to visit regularly, keeping the garden looking tidy and flourishing in the warm weather.

At the top of the garden, a new concrete base has been laid ready for a new shed. We've also had four new linen cupboards built, providing some much-needed extra storage and Anita is very happy!

With the extra work going on you may notice some contractors and building materials around. Once everything is finalised these will all be removed.

Behind the scenes, lots of essential maintenance jobs have been completed, including repairs to beds, toilets and lights, helping us keep the home safe, comfortable and well maintained.

With the summer being particularly warm, regular fluid checks remain in place, alongside individual fluid targets, to ensure everyone stays well hydrated.

We have also purchased a portable AC unit and 2 new air coolers to help circulate some breeze around the home and keep it comfortable.

For this month

We're really looking forward to celebrating our annual summer party with you all! A huge thank you to everyone who has already RSVP'd and kindly donated raffle prizes - we truly appreciate your support.

August also brings birthdays for Dennis and Margaret, and we can't wait to make their special days memorable. We'll be arranging some musical entertainment so they can celebrate in style!

We'll kick-start the month with a visit from our lovely hairdresser, Kaiya, followed by our fortnightly armchair yoga sessions with the amazing Olivia. Our residents always look forward to these sessions and never shy away from challenging themselves proof that you can work up a sweat without leaving your chair!

We'll also welcome back our furry friends, the Cuddly Cavies, for a morning visit and meet their adorable newest addition.

Towards the end of the month, Jenny the dog will return for another visit, which is always guaranteed to bring plenty of smiles. We hope Cooper is recovering well too and will be back to visit us very soon!

August brings sunshine, laughter and cheer,
With friends and loved ones gathered near.

Birthdays, music and summer fun,

Happy memories for everyone.

At Wells House, smiles light the way,

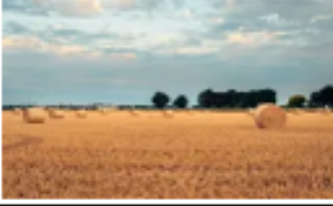
Making the most of each summer day.



Our Mission

Our goal is to provide compassionate, person-centred care that meets the physical, emotional, and social needs of everyone in our care, by creating a supportive and nurturing environment

AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 st Animal plate decorating					1 st Summer party 12:30pm	2 nd Listen to some relaxing music
3 rd Hairdresser visit	4 th Armchair yoga 1:30pm	5 th Summer quiz	6 th Balloon tennis in lounge	7 th Guinea pig visit 10:30am	8 th Watch something on BBC 1	9 th Read your favourite book
10 th Nail care day	11 th Let us do a crossword	12 th Bingo in lounge	13 th Decorate a shell	14 th Paint a picture	15 th Try some hand exercises	16 th Tell a joke day
17 th Hand massages	18 th Armchair yoga 1:30pm	19 th Decorate a heart pot	20 th Jenny visit 11am	21 st Ford visit 1:30pm	22 nd Read a magazine	23 rd Watch the birds outside
24 th Nail care day	25 th Make your own keyring	26 th Water painting	27 th Make a strawberry decoration	28 th Board game in lounge	29 th Watch something on ITV	30 th Listen to your favourite music